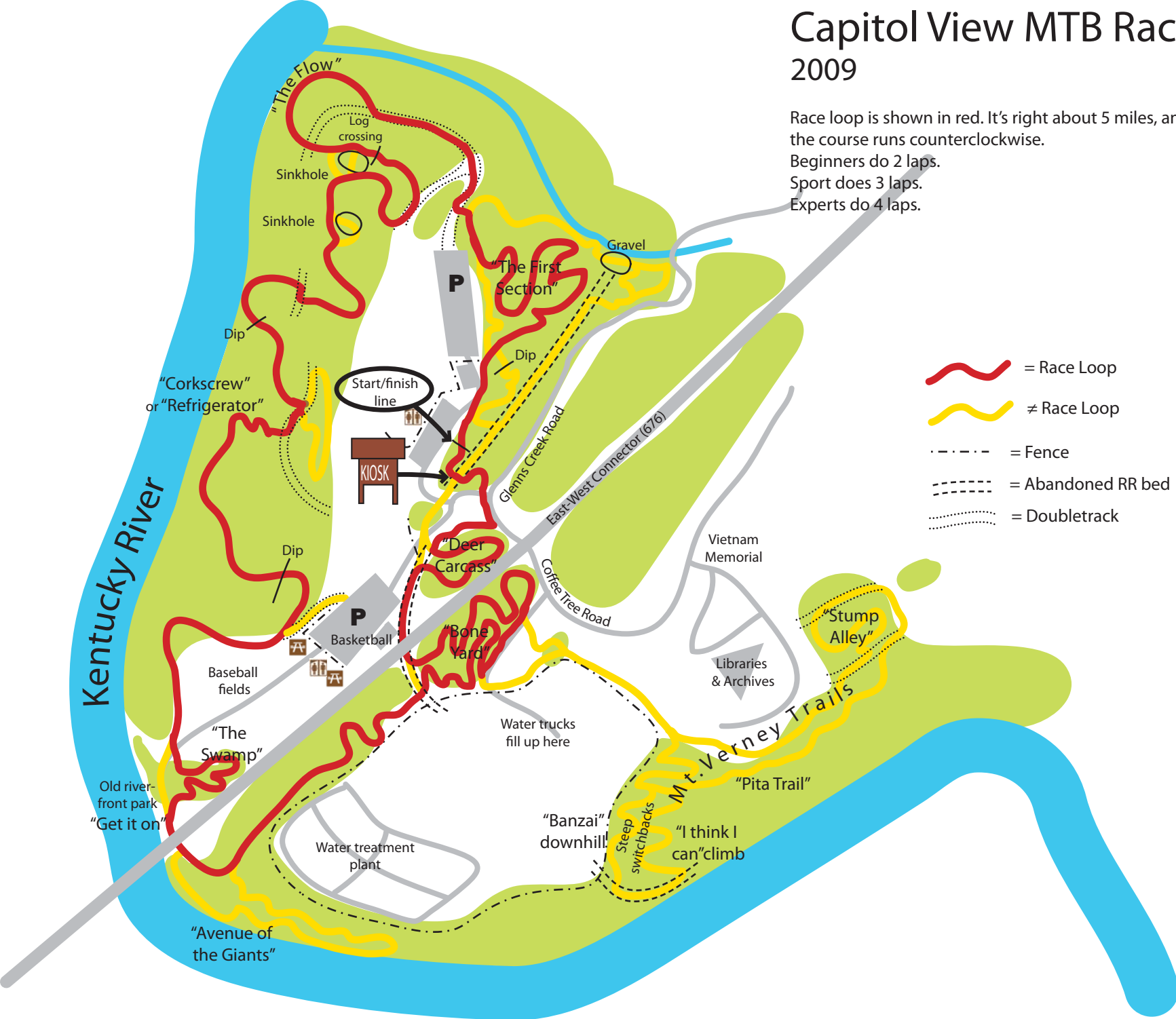


Capitol View MTB Race Loop 2009

Race loop is shown in red. It's right about 5 miles, and the course runs counterclockwise.
 Beginners do 2 laps.
 Sport does 3 laps.
 Experts do 4 laps.



- ~ = Race Loop
- ~ ≠ Race Loop
- - - = Fence
- - - = Abandoned RR bed
- ~~~~~ = Doubletrack